

Vote for the Falls Church Farmers Market as America's Favorite

The Falls Church Farmers Market is in a nationwide challenge and would like your vote! The City is participating in the **America's Favorite Farmers Markets™ Contest** to see which farmers markets can rally the most support from its customers. Polls will be open a limited time so cast your vote at <http://tinyurl.com/24rwkhe>.



market will be named America's Favorite Farmers Market in 2010. But this competition is about more than just being number one. It is about supporting local farms and farmers markets!

The Falls Church Farmers Market is operated by the Recreation and Parks Division and is open every Saturday morning, year-round in the City Hall parking lot at 300 Park Ave. During spring, summer and fall, more than 40 vendors offer a variety of locally grown fruits and vegetables as well as cheeses, meats, baked goods, plants, honey and wine and a visiting chef provides cooking demonstrations. The Fairfax County Master Gardeners also staff a booth to answer gardening questions.

For more information, contact Recreation and Parks at 703-248-5077 (TTY 711).

Fight the Bite!

Whether you're at a Concert in the Park or a backyard barbeque, don't let mosquitoes take a bite out of your summer fun! Say "NO to Mosquitoes" this summer season. In recognition of Mosquito Control Awareness Week (June 20-26), area residents are reminded to **Tip and Toss** to eliminate mosquito breeding sites:



- At least once or twice a week, empty water from flower pots, pet food and water dishes, birdbaths, swimming pool covers, buckets, barrels, and cans.
- Check for clogged rain gutters and clean them out.
- Remove discarded tires, and other items that could collect water.
- Be sure to check for containers or trash in places that may be hard to see, such as under bushes or under your porch.

To report standing water, dead birds, or other West Nile Virus-related problems, residents should contact the Housing and Human Services Division at 703-248-5005 (TTY 711) or register a report at www.fallschurchva.gov/CommentBox.

Falls Church City TV is Seeking Volunteers

Falls Church City TV (FCC-TV) needs volunteer camera operators for a variety of public access programs. Volunteers will be trained and certified to use the video equipment before participating in upcoming live productions and taped studio programs. Volunteers must pay a \$50 fee for residents and \$60 for non-residents to pay for the training or demonstrate an appropriate level of experience with video equipment. Volunteers are also needed to assist with general office duties at the TV station such as answering phones. No training is required.

FCC-TV is the City's cable TV channel, which airs on Cox channel 12; Verizon channel 35 and RCN channel 2.

For more information on volunteer opportunities, contact Michael Palmrose, FCC-TV Supervisor, at palmrosem@fccps.org or 703-248-5692.

How to Beat the Heat

The summer sizzle is on! Here are some tips to keeping cool:

- **Dress for the heat.** Wear lightweight, light-colored clothing.
- **Drink water.** Carry water or juice with you and drink continuously even if you don't feel thirsty.
- **Slow down.** Avoid strenuous activity or limit it to the coolest part of the day, between 4-7 a.m.
- **Stay indoors** when possible. If your home doesn't have fans or air conditioning, follow these steps to lower your chance of heat problems:
 - Create cross-ventilation by opening windows on two sides of the building.
 - Cover windows when they are in direct sunlight.
- **Take regular breaks** during physical activity.
- **Don't leave your children or pet inside your car** - it can reach a dangerously hot 120° F in a matter of minutes, even if you're parked in the shade.

\$5 Burrito Dinner Fundraiser Tonight

From 5-8 p.m. today at the Chipotle in the Broaddale Village Center, 300 block of W. Broad St., diners can enjoy a burrito, chips and salsa, and a soda, for only \$5. One hundred percent of sales will be donated to the City to help fund City special events.

PUBLICATION NOTICE

The City of Falls Church will no longer be producing the weekly *City Focus* due to budget reductions. The July 1 edition will be the last regular printing of this page. To continue getting City news:

- Register to receive the semimonthly *e-FOCUS* newsletter by e-mailing newsletter@fallschurchva.gov with "e-FOCUS subscribe" as the subject, or sign up online at www.fallschurchva.gov
- Visit www.fallschurchva.gov to get the latest City news and program information
- Visit www.fccps.org to get Schools news

www.fallschurchva.gov - The official site for City of Falls Church news

CITY FOCUS
CITY



JUNE / JULY 2010

- 24 Concerts in the Park, 7 p.m.
- 26 Farmers' Market, 8 a.m.-noon
- 28 City Council, 7:30 p.m.
- 30 General District Court in Session (Paid in Treasurer's Office)
- Concerts in the Park, 7 p.m.
- City Council Induction, 8 p.m.
- 2 FIRST Friday
- 3 Farmers' Market, 8 a.m.-noon
- 4 Independence Day Community Center, Library Closed Fireworks and Music, 7 p.m.
- 5 Independence Day Observed City Hall, Community Center, Courts, DMV Select in City Hall, Sheriff's Office Closed Senior Center, Sheriff's Office Closed Rain Date for Fireworks and Music

Questions or Comments?

City of Falls Church, Harry E. Wells Building
 300 Park Avenue, Falls Church, VA 22046
 703-248-5003 (TTY 711)
 The City of Falls Church is committed to the letter and spirit of the Americans with Disabilities Act. This document will be made available in alternate format upon request. Call 703-248-5003 (TTY 711).